

COUNSELLORS
14 February 2026

Title	Name	Specialisation	Worshiping at (church)	Theological Training	Ministry / volunteer / work within a Church	Phone	Email	Website	Charges
Ms	Lee Yong Siang Abigail	<ul style="list-style-type: none"> Children, Adolescents, Parent-Child, Adults 	Eternal Life Assembly	Systematic theology, Old and New Testament survey, Christian ethics, as part of graduate school program	<ul style="list-style-type: none"> Cell Leader in the late 1990s (youth and campus) to 2010. Worship team and inner healing and deliverance ministry head from 2010 to 2015. Supervising lay counselling, counselling and healing and deliverance ministry teams from 2017 till present. 	97594027	abigaillee@healingheartctr.com	www.healingheartctr.com	Charges apply but there are options for subsidies
Ms	Quek Hwee Kian Lilian	<ul style="list-style-type: none"> Depression & Anxiety All ages 	Covenant Presbyterian Church	MA Counselling, Singapore Bible College BA in Christian Ministry from East Asia School of Theory	<ul style="list-style-type: none"> Served in Cru Singapore for 25 years as ministry staff and missionary. Served as church intern for half a year, 4 years in the community services. Active as church lay leaders for 20+ years. 	85039101	lilianquek@yahoo.com	liliancounselingplace.com	Charges apply but there are options for subsidies
Mr	Ang Kim San Norman	<ul style="list-style-type: none"> Teens, adults, couples, families 	Leng Kwang Baptist	MA counselling, Singapore Bible College	<ul style="list-style-type: none"> Many years as a cell group leader and deacon 	84062302	norman.spore@yahoo.com	Nil	Charges apply but there are options for subsidies
Ms	Ng Hai Choo Cecilia	<ul style="list-style-type: none"> Addiction, mental health issues The Helping Hand (ex-offenders) and HCSA Community Services (Single mothers)/ CBT, SFBT, CTRT, GLM / Age group 20s to 60s. 	Christ Methodist Church	Nil	<ul style="list-style-type: none"> Served in Glowing Years Ministry for 4 years from 2009 to 2012 	97956370	ceciliang0703@gmail.com	Nil	Charges apply

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Mr	Soon Kiang Hong, David	<ul style="list-style-type: none"> MI - Helping Hand & YGOS 	Katong Presbyterian Church	Nil. 10 year plus in Community Bible Studies.	<ul style="list-style-type: none"> About 5 years 	92772332	Jodds@singnet.com.sg	Nil	Charges apply but there are options for subsidies
Mdm	Tan Bee Wah	<ul style="list-style-type: none"> I use mainly psychodynamics for individual counselling and EFT for couples. I have been counselling students from the School of Counselling, both English and Chinese faculties, at Singapore Bible College. I have also set up my own practice, and I see clients with various issues, and I have a particular interest to help those coping with traumas, grief, and loss. 	Providence Presbyterian Church, Bukit Batok	My theological training was part of the course syllabus as I studied at Singapore Bible College, School of Counselling (English). The modules were at preparatory level, not formal theological training. Some of the modules are Old Testament & New Testament Survey, Doctrines, Bible Study Methods, Spirituality.	<ul style="list-style-type: none"> I served as a Sunday School teacher for 8 years, and in the church floral arrangement ministry for 12 years. 	88775905	admin@beingcounsellingandwellness.com	beingcounsellingandwellness.com	Charges apply but there are options for subsidies
Ms	Fong Yun Ling Ellen	<ul style="list-style-type: none"> EMDR; Gottman Method Couples Therapy; Mental Health Issues Training, Talks or Workshops for Mental Health Awareness and Personal Effectiveness 	Yio Chu Kang Chapel	Master of Arts in Counselling from Singapore Bible College	<ul style="list-style-type: none"> Volunteer Counsellor at Bless Community Services for 2 years 	88307709	ellen.fongyl@outlook.com	https://madeforrelationships.com/	Charges apply but there are options for subsidies
Mr	Tay Aik Keong Winston	<ul style="list-style-type: none"> Jungian Psychology, Jungian SandPlay Therapy, Grief Recovery & MBTI Sees all types of cases or clients. 	Church of the Ascension (COA)	Nil	<ul style="list-style-type: none"> 29 years in COA. Served in youth when I was a youth. Became a Sunday School Teacher for more than 10 years. 	Clinic mobile number 90603418	winston.tay@charislifeworks.com	www.charislifeworks.com	Charges apply

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					<ul style="list-style-type: none"> • Now serving as head of Young Adults and Church Council (PCC). • Also involved heavily in missions in the past. 				
Dr	Kong Siew Lang (Gloria)	<ul style="list-style-type: none"> • Brain-Body Based Psychotherapy (Brainspotting) • I work with various ages as I am also a lecturer of Human Life-Span Development at the postgraduate level 	Christ Methodist Church	Nil	<ul style="list-style-type: none"> • Cell Group Ministry; Altar (Prayer) Ministry; Family Life Ministry (including Marriage Preparation Course) 	88935486	gloriousruin.counseling@gmail.com	Nil	Charges apply but there are options for subsidies
Mdm	Chua Chiew Peng	<ul style="list-style-type: none"> • Trauma, depression, anxiety, grief work • Adults / individuals and couples 	Independent	Bachelor of Theology	<ul style="list-style-type: none"> • Pastor (>20 years), Counselling (>2years) 	86468055	Greaterthan2counseling@gmail.com	Greaterthantwo.net	Charges apply
Mrs	Koh Ai Jin	<ul style="list-style-type: none"> • My professional focus includes the integration of faith and counselling, trauma recovery, marital and family counselling, parent education, and counsellors training. • I provide clinical supervision to counsellors in training, consultation and training to support church ministries. • Individuals, couples and family counselling. • Work with children, adolescents and adults 	Holland Village Methodist Church	Master of Arts in Theology (Recovery Ministry Specialization) from Fuller Theological Seminary, USA	<ul style="list-style-type: none"> • Served in children, youth and women's ministry, marriage and counselling ministry. • Worked as counsellor in Barker Road Methodist Church for 13 years. 	80422102	aijin@revivecounseling.sg	https://www.revivecounseling.sg/	Charges apply

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Mr	Bryan Crucis Shen Shuyliang	<ul style="list-style-type: none"> • Clients, families and communities dealing with non-heterosexuality issues but do not agree about sexual identities outside of their cultural & religious norms. • Community / Systems Education, Guidance, and Intervention. 	Roman Catholic Church (in any area or country)	Esorcismo e Preghiera di Liberazione from Ateneo Pontificio Regina Apostolorum.	<ul style="list-style-type: none"> • Have been a Missionary in Thailand since December 2000. • Have given Counselling to seminarians in Thailand, Malaysia, Singapore, and the Philippines. • Clients include Christians and Catholics. 	81375724	soc.guidanceandcounselling@gmail.com	Nil	Charges apply
Dr	Tsao I Ting	<ul style="list-style-type: none"> • CBT, Schema Therapy, ACT, Gottman • Individual counselling for ages 13 and above, couples and family counselling, offenders, at-risk youth 	Trinity Christian Centre	Nil	<ul style="list-style-type: none"> • Cell group leader (6 years), teaching in family & parenting workshops 	88855424	admin@redwoodps.d.sg	www.redwoodps.y.com	Charges apply but there are options for subsidies
Ms	Anna Catherine Livingston	<ul style="list-style-type: none"> • Trauma, depression and anxiety • Using Equine Assisted Psychotherapy and traditional office talk therapy • Teens to adults 	Community of Praise Baptist Church	My MA was at SBC where we were required to take some theology modules	<ul style="list-style-type: none"> • Life group leader (8 years) and Worship (approximately 13 years) 	97241130	livingstoncounseling@gmail.com	www.livingstoncounseling.com	Charges apply
Mdm	Khor Han Mei	<ul style="list-style-type: none"> • CBT, Smoking and Vaping Cessation • Youth & School related counselling issues • Adult Counselling 	Trinity Christian Centre	Grief Counselling Course & Theology of the Spirit World Course as part of Master of Divinity	<ul style="list-style-type: none"> • Have been a Spiritual Parent in the church. • Also served in my children's school's prayer group for 16 years. 	9338 6328	zpeps79@gmail.com	Nil	Charges apply

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				Degree from TCA College.	<ul style="list-style-type: none"> Led the Mom's weekly prayer group for 6 years. 				
Mdm	Doris Yap	<ul style="list-style-type: none"> Children-at-risk, troubled youths and families 	Fairfield Methodist Church	Nil	<ul style="list-style-type: none"> 14 years 	98299206	Doris@ygos.org.sg	www.ygos.sg	Charges apply but there are options for subsidies
Mr	Wilson Tan	<ul style="list-style-type: none"> Children-at-risk, troubled youths and families 	Fairfield Methodist Church	Nil	<ul style="list-style-type: none"> 24 years with Youth Guidance Outreach Services 	97455343	Wilson@ygos.org.sg	www.ygos.sg	Charges apply but there are options for subsidies
Ms	Lim Sze Hui	<ul style="list-style-type: none"> My therapeutic style involves helping clients make meaning of what is happening, exploring ways to cope, leading them to awareness and insight as well as gaining a deeper understanding of themselves. I use primarily CBT, Narrative and Psychodynamic 	Covenant Evangelical Free Church	Some theological modules from SBC but no certs or degree for that	<ul style="list-style-type: none"> Since 2014 	80449388	jo@allianzcaresg.com	https://www.allianzcaresg.com/	Charges apply
Ms	Jacquelyn Peh Geh Kuoon	<ul style="list-style-type: none"> Specialization: Anxiety / Depression / PTSD / Grief Bereavement. Clinical Skills: Cognitive-Dialectical Behavioural Therapy, Solution Focused Therapy, Narrative, Grief and 	Cornerstone Community Church Singapore	<ul style="list-style-type: none"> Certification in Ministerial Training Course 2002, Rhema Bible Training Centre Singapore. Diploma of Biblical Studies 2003, ISOM 	<ul style="list-style-type: none"> Active church cell group member since 2007. Prayer Servant and Minister with the Inner Healing Freedom Ministry since 2017. 	93593390	counselling@chasah.space	Website: https://chasah-space.com/	Charges apply but there are options for subsidies

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		<p>Integrative Psychotherapy in Existential, Humanistic.</p> <ul style="list-style-type: none"> Focus Grp: Youth, Adults, Elderly, Family 		<p>International Curriculum.</p> <p>Certificate of Completion in Marketplace Ministries Aug 2022, Biblical Training.org.</p> <p>Certificate of Completion in Christ Centred Leadership Sept 2022, by Biblical Training.org.</p>	<ul style="list-style-type: none"> "HEART" Humanitarian and Medical Mission Focus Team Mission Builder for prayer healing ministry since 2012. Known to the church leadership to extend professional counselling services when required. 				
Mdm	Hui Yoke Cheng	<ul style="list-style-type: none"> Depression, Anxiety, Traumas, Addiction, Loss & Grief, Relational Issues CBT, EMDR, TA, SFBT, CRTT 	Foochow Methodist Church	Nil	<ul style="list-style-type: none"> Sunday School Teacher (lower primary) - 8 years 	96314093	yokecheng.hui@gmail.com	https://www.positive-psyche.com	Charges apply but there are options for subsidies
Mrs	Penny Quek	<ul style="list-style-type: none"> Marriage & Family, Pre-marital and Parenting Counselling Parenting and Communication talks Lay Counselling / Ministry training and workshops 	Adam Road Presbyterian Church	<ul style="list-style-type: none"> Ph.D. candidate at Regent University, USA (currently). Master of Arts in Pastoral Counselling from Singapore Bible College. 	<ul style="list-style-type: none"> Clinical counsellor since graduation in 2010. Volunteered at Focus on The Family (SG) for 7 years until 2016. In the EXCO for the Mental Wellness Ministry in Adam Rd Presbyterian Church since 2019. 	92362364	pennyquek@treeoflife.sg	https://treeoflife.sg	Charges apply
Ms	Mellissa L Krishnan	<ul style="list-style-type: none"> CBT, Play Therapy, Grief Educator, Prepare N Enrich, Triple P Individuals, young adults, families, children, divorcing couples 	New Creation Church	<ul style="list-style-type: none"> Discipleship training with The Navigators & Missionary Care training with YWAM 	<ul style="list-style-type: none"> children ministry previously/in mission field/ and care group member 	91272762	Nil	Nil	Charges apply but there are options for subsidies

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Ms	Jean Tay Jin Lu	<ul style="list-style-type: none"> Loss, grief, trauma, anxiety, phobia, depression. Specialised modalities: EMDR, Brainspotting, Grief Recovery. Population I work the most with: 14 years old to 50 years old. 	Bethesda Bedok-Tampines Church	<ul style="list-style-type: none"> Nil 	<ul style="list-style-type: none"> Served the Lord for 40 years, across different churches, in different ministries eg. Children Ministries, Youth Ministries, Small/Cell Group leading, Worship leading, Teaching adults, Inner Healing, Church planting. 	87681270	hello@lifejourney.sg	https://Lifejourney.sg	Charges apply but there are options for subsidies
Rev	Carrie Chan Quee Eng	<ul style="list-style-type: none"> Modalities: Trauma Informed and Emotionally Focused Individual, Couples and Family Therapy. Population & Demographics: I work with young adults going through relationship struggles (romantic as well as with family of origin) and prepare young couples for marriage. I see couples going through marital crisis (attachment related, sexual intimacy problems, infidelity, separation and divorce, violence in the family etc.). Clients age ranges 16 to 66 years old. Currently an adjunct Lecturer at the Singapore Bible College, School of Counselling for Courses: Human Development and Social and Multicultural Issues in Counselling. 	Amazing Grace Presbyterian Church	<ul style="list-style-type: none"> Bachelor of Divinity (Trinity Theological College) 	<ul style="list-style-type: none"> Amazing Grace Presbyterian Church 1997 - 2020 (Associate Pastor & Minister) Filos Community Services Ltd 2004 - Current (Volunteer Counsellor, Trainer, Board Member) 	Nil	carrie.chan@agp.c.sg	Nil	Charges apply but there are options for subsidies

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Ms	Abigail Catherine Yang Wenjie	CBT, Narrative Therapy, Emotionally focus therapy, Expressive Therapies, Grief Therapy in meaning reconstruction with individuals, couples and family	Cornerstone Community Church	NA	NA	88891848	contact@restoringpeace.com.sg	https://www.restoringpeace.com.sg/contact	Charges apply
Dr	WAN Jun Mei	Emotion Focused Therapy Adults individual and couple work	Pasir Panjang Hill Brethren Church	NA	I served as a bible study leader, Sunday school, before, now ushering/welcoming ministry and gardening ministry	88752180	Wan_junmei@yahoo.com	NA	Charges apply but there are options for subsidies